FMBC Women's Growth Group <u>It's All Under Control</u>

6-Week Bible Study

Author: Jennifer Dukes Lee Facilitator: Arthette S. Walker Host: Anita Johnston April 29, 2020 6:45 p.m. - 8:00 p.m.

Introductory Session Overview

- Greetings/Preparation
- Opening Prayer
- Session Highlights/Q & A
- Session 1: Surrender (don't be afraid.)
- Session 2: Intimacy With Jesus (going deeper.)
- Session 3: Wild Obedience (what does obedience have to do with control?)
- Session 4: Why You Need Help (explore why we don't ask for help.)
- Session 5: Permission To Rest (take intentional rest and hear the voice of God.)
- Session 6: Under The Control Of God Alone (how to release self control: food, power, security.)
- Wrap Up/Final Remarks/Benediction Prayer